

PORTAGE PATH BEHAVIORAL HEALTH



# The *8th* Annual KJ's 5K

October 5th, 2024

## Program & Resource Guide



# Order of Events

## 8:00-8:45 Check-in and same-day registration

- Sign in at the registration tent; t-shirts and race bags at main tent

## 8:50 Brief Opening Remarks

- Dr. Tracy Yaeger, President, Portage Path Behavioral Heath
- Animal Charity Proceeds Presentation
- Benediction by Pastor Ben Adams of City Church A/C

## 8:50-9:00 Line up for 5K

- Order from front to back:
  - Runners (with or without dogs)
  - Walkers without dogs
  - Dog Walkers

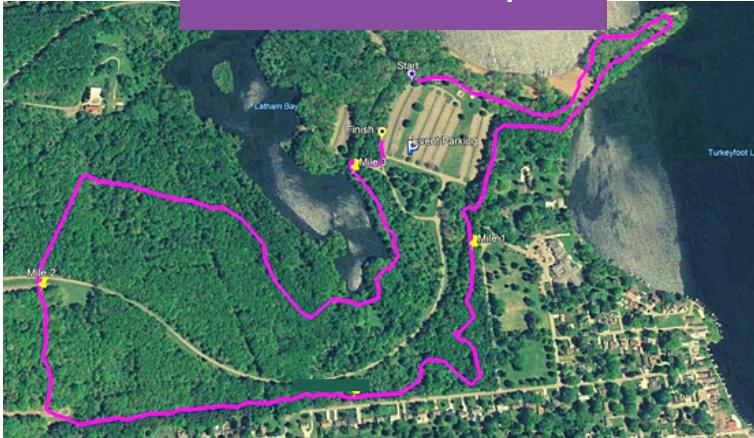
## 9:00 Start 5K

## 10:15 Awards Presentation

- Awards Presented by Tracy Yaeger, PhD
  - Men 1st, 2nd, 3rd place
  - Women 1st, 2nd, 3rd place
  - Youth (6-16) 1st, 2nd, 3rd place
  - Largest Team
  - Fastest Team
  - Most Spirited Team
  - Highest Fundraising team

## Thank you & Closing remarks

# 5K Route Map



## Animal Rescue Partners



The Summit Division of Animal Control is proactive, innovative, compassionate, efficient, and effective in all aspects of their operations and responsibilities. They provide compassionate care for impounded animals and responsible enforcement of canine laws, thereby creating a safer and more desirable community for the citizens of Summit County.

You can learn more about The Summit Division of Animal Control on their website or find them on Facebook!



Rubber City Rescue is a 501(c)(3) nonprofit that provides boots on the ground to rescue lost or abandoned animals. They rescue those lost souls that are roaming your streets, trapping those that are hard to catch.

RubberCity Rescue strives to reunite pets with their owners, so they check every pet they come in contact with for a microchip immediately if they are not wearing a dog license. If they cannot find owners, lost animals are placed with Summit County Animal Control, Summit County Humane Society or in foster care with volunteers.

RubberCity Rescue is an active participant in stolen dog task forces, and have a very high success rate. They also help pet owners who need help keeping their pets safe. For example, they may come together as a collective to repair a broken fence or donate pet food to families in need.

They never charge, working solely from donations. Their heart, soul, time and energy is devoted to every pet equally no matter who the owner is. Find them on Facebook to learn more!

# 2024 Sponsors

THANK YOU  
FOR YOUR  
SUPPORT!

## Premiere Sponsor

GARY & RHONDA  
**DIDADO**  
FAMILY FOUNDATION

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**COMMUNITY  
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Behavioral Healthcare  
& Wellness

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ROBERT & REGINA COOPER  
*In Memory of Kathryn Cooper*

Mark Clark

**Akron  
Children's**

**genoa  
healthcare**

Chester Marshall

## Route Sponsors

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*First in Health.*

**AMHA**  
Akron Metropolitan Housing Authority

**RADIUS  
HOSPITALITY**  
*in memory of Randy Biedl*

**THE  
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**The  
University  
of Akron**

**BAHRY  
& ASSOCIATES INC.**  
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**FULTON  
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## Community Supporter

**NAMI**  
National Alliance on Mental Illness

## Proceeds Benefiting

**PortagePath**  
BEHAVIORAL HEALTH

**Rubber City  
RESCUE**

**COUNTY OF  
SUMMIT  
DIVISION OF  
ANIMAL CONTROL**

Irene Shapiro, County Executive

# Summit Help

Portage Path's Summit Help "App" serves as a database of local resources available to the public as well as our providers as they help clients navigate difficulties.

On Summit Help, you will find resources related to:

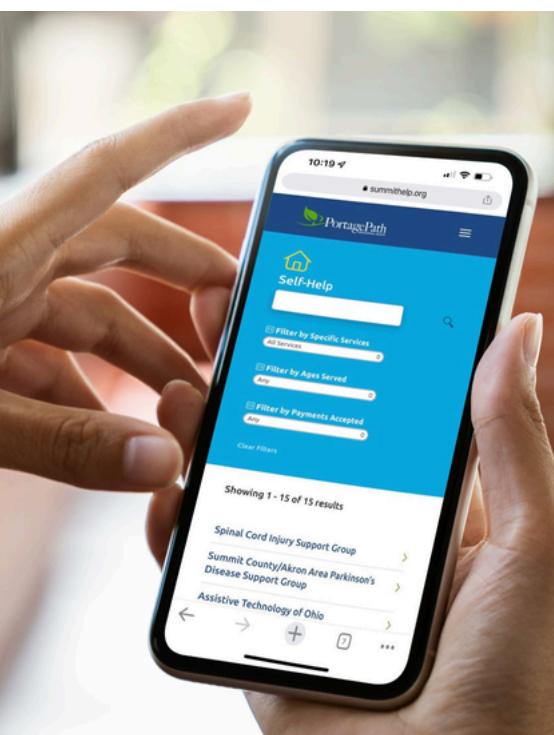
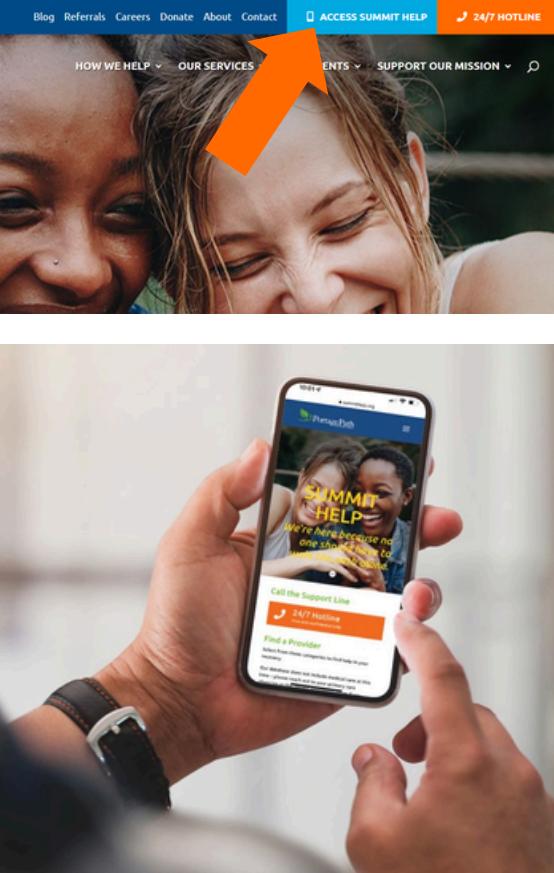
Housing

Food pantries

Healthcare

Employment

Mental Health



[www.summithelp.org](http://www.summithelp.org)



# For Survivors of Suicide

**H.U.G.S.**

Healing & Understanding Grief after Suicide



A support group for those who want comfort & understanding from others who know first-hand what it is like to have lost someone to suicide.

- 📍 Every 2nd & 4th Tuesday
- 📅 Akron Clinic : 340 S. Broadway Street
- ✉️ HUGS@portagepath.org
- 📞 330-253-3100 ext. 4175
- 🕒 6:30 PM - 8:00 PM

## Crisis Help is Available

**988 SUICIDE & CRISIS LIFELINE**

**Ohio**

National Lifeline, Locally Answered by



### Other Resources:

- Trevor Project (LGBTQ youth) (866) 488-7386
- Trans Lifeline (877) 565-8860
- Text Crisis Text Line Text 4hope to 741-741
- **Visit Portage Path's Psychiatric Emergency Services at 10 Penfield Ave. Akron - Open 24/7**





## About Outpatient Services

Portage Path Behavioral Health has been serving Summit County for 50 years. At our three outpatient clinics, and Psychiatric Emergency Services, we help nearly 10,000 people per year deal constructively with mental health and substance use disorders. As the largest provider of behavioral health services to those in need here in Summit County, we don't turn anyone away. We help people struggling with everyday life so that they can recover and eventually thrive.

Portage Path offers the following services, with the goal of helping each person recover to the highest level of functioning they are capable of:

- Diagnostic Assessment
- Medication Management
- Individual Therapy
- Group Counseling
- Dual Diagnosis Program (Crossroads)
- Case Management
- Peer Support
- Psychological Testing
- Pathways Day Treatment

These services are available to all Summit County residents, regardless of their ability to pay.

Additionally, Portage Path clinical and administrative staff are involved in a wide array of county initiatives including:

- New Day Court
- Hope Court
- Family Reunification and Recovery Docket
- Hoarding Task Force
- Mental Illness/Intellectually Disabled Team
- Opiate Task Force
- Maternal Depression Network
- Refugee Task Force

More detailed information about the array of services Portage Path provides can be found on the web at [portagepath.org](http://portagepath.org).

# About Psychiatric Emergency Services (PES)

**Portage Path's PES exists to provide psychiatric evaluations and support to individuals in Summit County.** We serve Summit County Residents as well as those individuals who are currently homeless or visiting Summit County. Our facility was designed to streamline the psychiatric evaluation process, reduce wait times for clients, and direct individuals away from traditional Emergency Departments.

**PES serves all adults who are experiencing mental health crises, regardless of their ability to pay.** Individuals are accepted at our facility whether they have no insurance, Medicaid, Medicare, Tricare, or Private insurance.

**PES accepts all individuals 18 years or older.** There may be a rare exception when our facility is not equipped to meet the individual's medical needs.

**PES is the point of entry for Northeast Ohio's State Psychiatric Hospital (NCBH).** North Coast Behavioral Health (NCBH) serves both civil and forensic clients. While a doctor at another facility may be recommending that a client goes to NCBH, individuals are sent to PES to determine whether a higher level of care is truly what is required.

**PES works closely with law enforcement in Summit County.** Police Officers and sheriff personnel have been trained to assist individuals who are in need of behavioral health treatment in the community by bringing them to PES for evaluation. PES Administration takes part in Crisis Intervention Team (CIT) Training every year to educate law enforcement about mental illness and teach de-escalation techniques to reduce the risk of harm to individuals and police officers during crisis interventions.

# Locations



## Akron Outpatient Clinic

340 S. Broadway Street  
Akron, OH 44308  
330-253-3100



## Barberton Outpatient Clinic

105 Fifth Street SE, Suite 6  
Barberton, OH 44203  
330-745-0081



## North Summit Outpatient Clinic

792 Graham Road  
Cuyahoga Falls, OH 44221  
330-928-2324



## Psychiatric Emergency Services (PES)

10 Penfield Avenue  
Akron, OH 44310  
330-762-6110  
**OPEN 24/7**

**988** SUICIDE & CRISIS  
**LIFELINE**

**Ohio**

National Lifeline,  
Locally Answered by

 **PortagePath**  
BEHAVIORAL HEALTH



 **PortagePath**  
BEHAVIORAL HEALTH

The Summit County  
Support Hotline at  
330-434-9144 and 988  
have merged, and all calls  
are routed to local crisis  
professionals at Portage  
Path's Psychiatric  
Emergency Services.